



## **Climate-Compatible Lifestyles**

### **Background to High-Speed Painting (HSP) Competition**

When we think of climate change, we think of forests, floods, fires, and hurricanes. We don't think humans. Yet human lifestyles are the beginning and end of the climate crisis. Modern society discourages human beings from ever being satisfied with what we possess, the house we live in, the car we drive or the phone we use. It extends to our appearance, and our possessions, always seeking to attract the esteem of others. We relieve stress by consuming and accumulating things we don't need or can't really afford.

Social media feed these anxieties, setting young people up against each other. Every little piece of yourself can be seen and judged, feel you'll never be enough.

Rather than a competitive Guyana, we need to develop a nurturing Guyana that esteems goals of well-being, kindness and equality more than wealth, celebrity and being better than other people.

**HSP ENTRIES SHOULD SELECT ONE OF THE GOALS OUTLINED BELOW OR ANY OTHER GOAL THEY FEEL IS MORE IMPORTANT FOR IMPACTING ON THE CLIMATE CRISIS.**

### **GOALS FOR ACHIEVING CLIMATE-COMPATIBLE GUYANESE LIFESTYLES**

1. A Guyana that protects its rivers and forests
2. A Guyana that seeks inclusion rather than winners & losers
3. A mentally and physically Healthier Guyana
4. A Resource Responsible Guyana
5. A resilient Guyana
6. A Guyana of Cohesive Communities
7. A Guyana that takes young people seriously
8. A Guyana that recognizes the rights of future generations
9. A Guyana that recycles, repairs and reuses
10. A Guyana that treats everyone humanely



Dear Headteachers/Organisations/Individuals,

### **High-Speed Painting Competition for Climate-Friendly Lifestyles**

Policy Forum Guyana - Youth Arm with the support of Open Society Foundation launches its High-Speed Painting competition under the theme: “*Climate-Friendly Lifestyles needed by Guyanese to address the Climate Crisis*”. We hope that this event which is scheduled for **Saturday, December 3, 2022**, along the fence of the **Parliament building** will empower youths to think creatively and critically about what lifestyle changes are needed to ensure both our current and future generations are living in harmony with nature.

#### **Competition Guidelines:**

1. The competition is open to all youths and you are required to form a team of three (3) persons that can compete within any of the following categories:
  - 10-12 years old
  - 13-15 years old
  - 16-18 years old
  - 19-25 years old
2. Select or depict features of the “Climate-Friendly Lifestyles needed by Guyanese to address the Climate Crisis.
3. Register your team by contacting **Benita** at **611-2995** or emailing [policyforumguy@gmail.com](mailto:policyforumguy@gmail.com) to inform her of your teams’:
  - a. Name
  - b. Members
  - c. The category you will be competing in.

**Nb. If you are 18 years and younger your parents, guardians or teachers are required to register your team.**

4. To complete your registration each team must pay a fee of **GYD\$600** to Benita at the Policy Forum Guyana Office (56B Hadfield and Austin Place). This fee must be paid on or before **November 28, 2022**.
5. Once you’ve registered a painting kit (paint, brushes, 3x4 feet white zinc sheet, etc) will be provided to your team at the event.
6. All entries will be judged based on the following criteria:
  - Clear message



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- Originality
  - Use of Colour
  - Creativity
7. Prizes will be awarded for the best paintings in each category. Included in the first-place prize is an electronic tablet, additional prizes will be awarded along with a certificate.

If you have any questions, comments or concerns about our organisation or this event please do not hesitate to contact us at 227-4908, 611-2995 or email us at [policyforumguy@gmail.com](mailto:policyforumguy@gmail.com). Please find attached a copy of the flyer for the competition.

Kind regards,

*Benita Davis*

Benita Davis  
Project Co-ordinator